



REDEFINING TREKKING SINCE 2010

TREK THE HIMALAYAS

SAFEST AND TRUSTED ADVENTURE ORGANIZATION



Who are **we** ?

We are Trek The Himalayas, a household name amid the trekking communities! Founded in 2010 we have come a long way to become India's leading Himalayan trekking company, building trust and nurturing the common passion for trekking.



Redefining trekking adventures for **everyone**

At Trek The Himalayas we transform trekking into an experience, redefining a trekking adventure at every step of the way. When you embark on a journey with us, it is not just a trek or a pilgrimage, we strive to offer you a wholesome experience that you can cherish for a lifetime. We understand your expectations, your hopes, and our whole team is always ready to deliver on our promises.



The Three Pillars of Our Vision & Mission



Safety First, Adventure Always

We take immense pride in being reckoned as the most trusted and safest trekking tour operator. We leave no stone unturned when it comes to upholding safety protocols. Our Trek Leaders are more than just guides. Trained in mountaineering and equipped with proper First Aid and AMS training, they are ready to handle any situation with confidence and expertise.

Empathy in Every Footprint

Our eco-friendly practices are designed to safeguard delicate mountain ecosystems. Embracing the ethos of Leave No Trace, we encourage coexistence with nature, leaving only footprints of joy and admiration. Additionally, we organize regular clean-up initiatives, where we actively engage in preserving the pristine beauty of the trails we traverse.



Empowering Local Communities

We know that the heart of the remote Himalayan villages beats with the rhythm of tourism and we truly believe in the magic of local expertise. This is why we prioritize partnering with local businesses and service providers. With every step you take with us, you become an agent of economic development for the mountain communities.



Our Services & Reach



Sustainable trekking adventure

Our Outdoor Experiential Learning programs are designed especially for students and corporate employees. These programs harness the profound power of the outdoors to bring out important skill sets required to succeed both in education & career building.

Multi-sports adventure

Experience the thrill of mountains, from trekking to rafting, motorbiking to heritage walks, ensuring an adrenaline-pumping journey like no other.



Soft adventure (pilgrimage and weekend treks)

Embrace the serenity of pilgrimage treks or embark on weekend getaways, offering a gentle yet soul-enriching escape into nature's tranquility.



Outdoor Experiential Learning Programme For Schools and Colleges

Our Outdoor Experiential Learning programs are designed especially for students and corporate employees. These programs harness the profound power of the outdoors to bring out important skill sets required to succeed both in education & career building.



Joining Hands With The Government & Charting New Frontiers

Trek The Himalayas has become a trusted name with different State Government bodies across the country. In the last few years, we have had groundbreaking collaborations with the State Governments of Uttarakhand, and Meghalaya.

Uttarakhand Tourism Department

Retracing the ancient Char Dham trail has been one groundbreaking project in which we collaborated with the Uttarakhand Tourism Department. We undertook and accomplished reviving the historic Char Dham trail, published a well-documented book and a documentary on the entire journey, capturing the historic moments of the impactful journey.

Overview

The goal of this movement was to revive the trekking route from years ago spread along for about 1,110 kms making it India's longest and world's second-longest religious trail. The entire exploration operation was conducted in a sustainable way by spreading environmental awareness across the route. The project was aimed at promoting sustainable tourism, creating employment opportunities for the local community, and highlight the local heritage and history.

What we delivered:

By inculcating green trails initiative, promoting homestays, local culture, traditions, cuisine, and generating employment opportunities for the communities along the entire route, Trek The Himalayas, in collaboration with the Uttarakhand Tourism Department created a major impact through this historic project.

Under the state Government's Pandit Deendayal Upadhyaya Grah Awaas Yojna, the Yatra focused on promoting local homestays by making them accommodation points during the exploration journey and these homestays were later included in the documentation for the project. This created employment opportunities for the local communities.

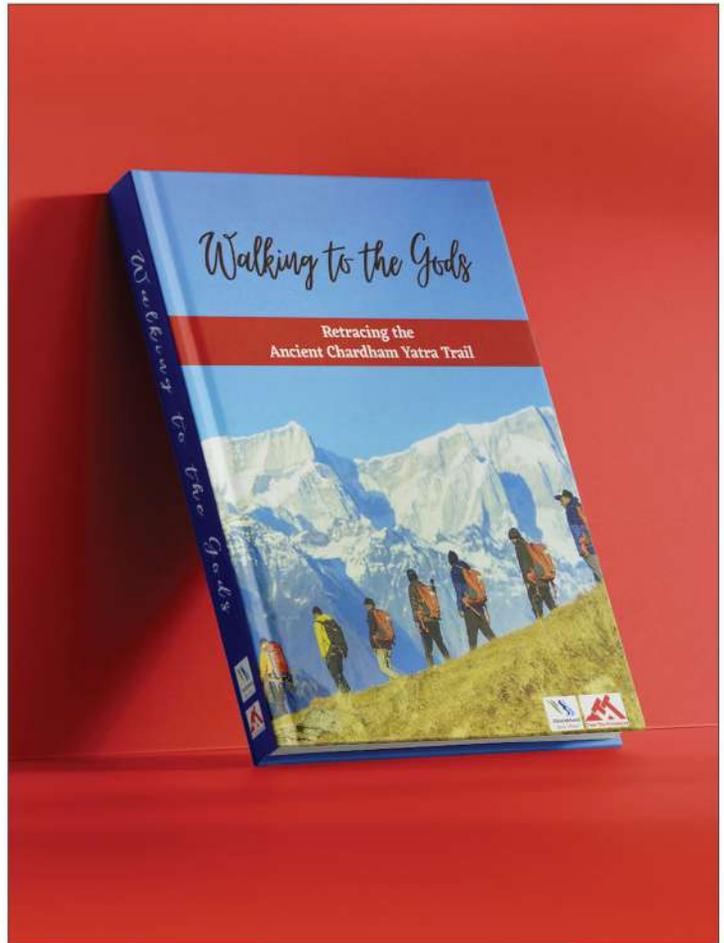


Documentation

“Walking to the Gods – Retracing the Ancient Char Dham Yatra Trail” is a well-documented book, from Trek The Himalayas, which has meticulously captured every detail of this arduous and successful project. The book is up for grab for every curious mind.

Documentary

A visual treat of the journey, the documentary on this project was also delivered by the Trek The Himalayas team. The challenges of the journey, and the captivating beauty of this historic route along with the revered Char Dhams have been presented through mesmerizing visual treats in this well-made documentary.



Meghalaya Tourism Department

Trek The Himalayas collaborated with the Meghalaya Government to promote adventure and eco-tourism in this mesmerizing northeast state through systemic planning to attract more tourists from different parts of the country and aid in the economic growth of the state.

Overview

Under this project Trek The Himalayas, in collaboration with the Meghalaya Tourism Department, was to recce and explore new trekking trails in four different regions of the state, identify challenges hampering the growth of tourism, and present the findings through well-scripted documentation to the State Government for further development.

What we delivered:

Trail recce & exploration

Trek The Himalayas explored around 30 new trekking trails in four different regions of Meghalaya in a span of 90 days. Each trail was mapped and explored following sustainable practices.

Trip Leader Training Program

Trek The Himalayas provided state-of-the-art, practical guiding training to more than 100 of volunteers from Meghalaya. The Trip Leader Training Program was designed scientifically to equip the trainees with practical guidance and hands-on-training on leading sustainable tourism in their local communities and regions.



Documentation

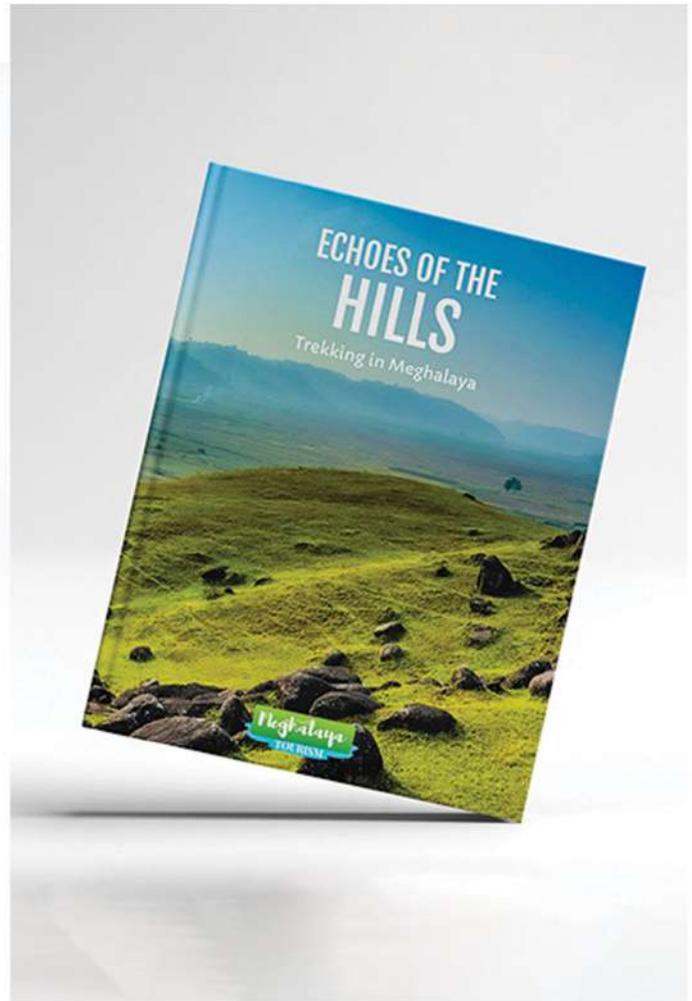
The entire exploration, mapping, and findings were documented and handed over to the Government through project completion report.

The Book

Additionally, the entire journey and the details of the trails were meticulously captured with stunning photographs in a coffee-table book, "Echoes of the Hills, Trekking in Meghalaya".

The App

Further in collaboration with the Meghalaya Tourism Department, Meghalaya Trekking App was developed where travelers can book these trails and go on an adventurous journey to explore the unknown corners of Meghalaya.



We are empaneled with the State Government of Goa

We are also empaneled for exploration of adventure tourism scopes in the beautiful State of Goa with the state Government.

Our Impacts

The ability to work with different State Governments gave us an opportunity to create sustainable adventure tourism master plans from scratch with a technical recce program, documentation and guide training program from scratch.

With these projects, we have been able to redefine community reach in the most beautiful ways. Through these collaborations, we aim to leave a lasting legacy of positive change - uplifting livelihoods, empowering mountain cultures, and fostering sustainable practices.



Our clientele

As we stride with confidence towards charting new milestones with different State Government collaborations, we have also created a network of credibility. This impact is visible in our recurring clients -



We Believe in Giving Back to the **Community**



Train local communities to create job opportunities and assist in reverse migration

We prioritize local businesses and service providers to support the local economy. We believe that employing local people who are passionate about the mountains and live in the area will ensure a high quality of service and in return help their economic development.

Selection of highly trained and certified trek leads from local areas of the Himalayas

Most of our Trek Leaders are chosen from the Himalayan states. By doing so we aim to work on our core value of contributing to the mountains. In return, when you trek with us you'll be guided by individuals who breathe the very essence of the mountains and possess an unparalleled zeal for sharing their land's wonders with you.



Guide programs for local communities

We run mountain guiding programs for the youth of the mountains so that they can become self-sufficient and find employment in the tourism industry. Reverse migration is a cause we actively work towards, and we believe this initiative will help contribute to it.



Heal Himala – Our waste removal drives

We conduct regular Green Trails Drives in collaboration with local clubs, associations, NGOs, and trekkers to collect waste from the mountains. We have cleaned major National Parks and deep inside many trekking trails to ensure we protect the ecosystem in the mountains and keep our trails clean.

Govind National Park - 610 Kg waste has been removed

Kaedarkantha Region, Phulara Trek and Har Ki Doon

Kanchanjunga National Park (KNP) - 530 Kg waste has been removed

Goechala Trekking Route , Sandakphu Trek

Badrinath Forest Region - 380 Kg waste has been removed.

Brahmatla Trek , Ali Bedi Trekking Route

Nanda Devi Outer Sanctuary - 450kg waste has been removed.

Kuari Pass Trek Route

Gangotri National Park – waste removal is on-going

We have had conducted two big cleaning drives. Collaborating with a local NGO in Dehradun - Waste Warriors, we brought down 547 kilograms of waste from Govind National Park and 2500 kgs of waste from Badrinath Forest Division.



Medical camps in remote areas

We created 'Trek The Himalayas Society', which is a non-profit wing of the organization. Through this society, we undertake various projects like cleaning drives, training programs, book donation drives for village children, medical camps and the like. Through this society, we donated financial and medical aid to 80 remote villages in Uttarakhand during the Covid-79 crisis.



Opening Up New Trails Every Year

Adventure activity like trekking is a fairly new venture in India and less than 2% of the population participate in such activities. As of now, we have around 700 active hiking and trekking trails and there are thousands of trails yet to be explored. It is a major goal of the organization, to explore as many new trails as possible and open people up to more and more adventure opportunities, thereby working towards our core goal of making adventure accessible and overall business development.



What makes us trusted by **100K** of trekkers?

Safety is not just limited to our Trek Leaders; it extends to our entire outdoor support team, including guides and cooks. They, too, undergo rigorous training in Wilderness First Aid Response, empowering them to lend a helping hand in times of need.

Transparent policies from enquiries to booking and until trekkers return safely

With Trek The Himalayas, there are no hidden charges or fees. We have a transparent policy that we share with all our trekkers during trek booking. We believe in maintaining an honest operation to build long-lasting client relationships.

Accreditations and affiliations

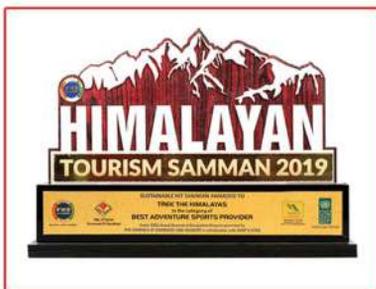
- ISO 9001:2008 certified company
- A certified member of Adventure Tour Operators Association of India (ATOAI)
- Registered with Uttarakhand Tourism Development Board
- Registered with Ministry of Tourism, Govt. of India
- Affiliated with Indian Mountaineering Foundation (IMF)

Trusted by local communities to Government bodies

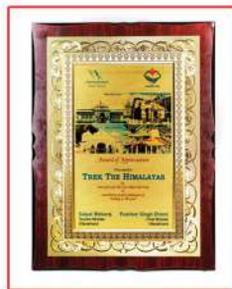
In the realm of adventure tourism and outdoor exploration, earning the trust and respect of local communities and government bodies is an invaluable asset. At our organization, we take immense pride in the strong and lasting relationships we have built with both these critical stakeholders. These partnerships are not just the result of our commitment to responsible and sustainable practices, but also a testament to our dedication to making a positive impact on the regions we operate in.



Awards & Recognition



Himalayan Tourism Samman
Best Adventure Tour Provider, 2019



Award of Appreciation & Recognition by
The Uttarakhand Tourism Development Board



Himalayan Tourism Samman
Tourism Start Up, 2018



**ET Travel & Tourism Annual
Conclave & Awards**
Best Adventure Tour Operator, 2021



Tourism Start Up Recognised by
The Uttarakhand Tourism Development Board



ET Travel & Tourism Annual Award
Best Adventure Sports Provider, 2023



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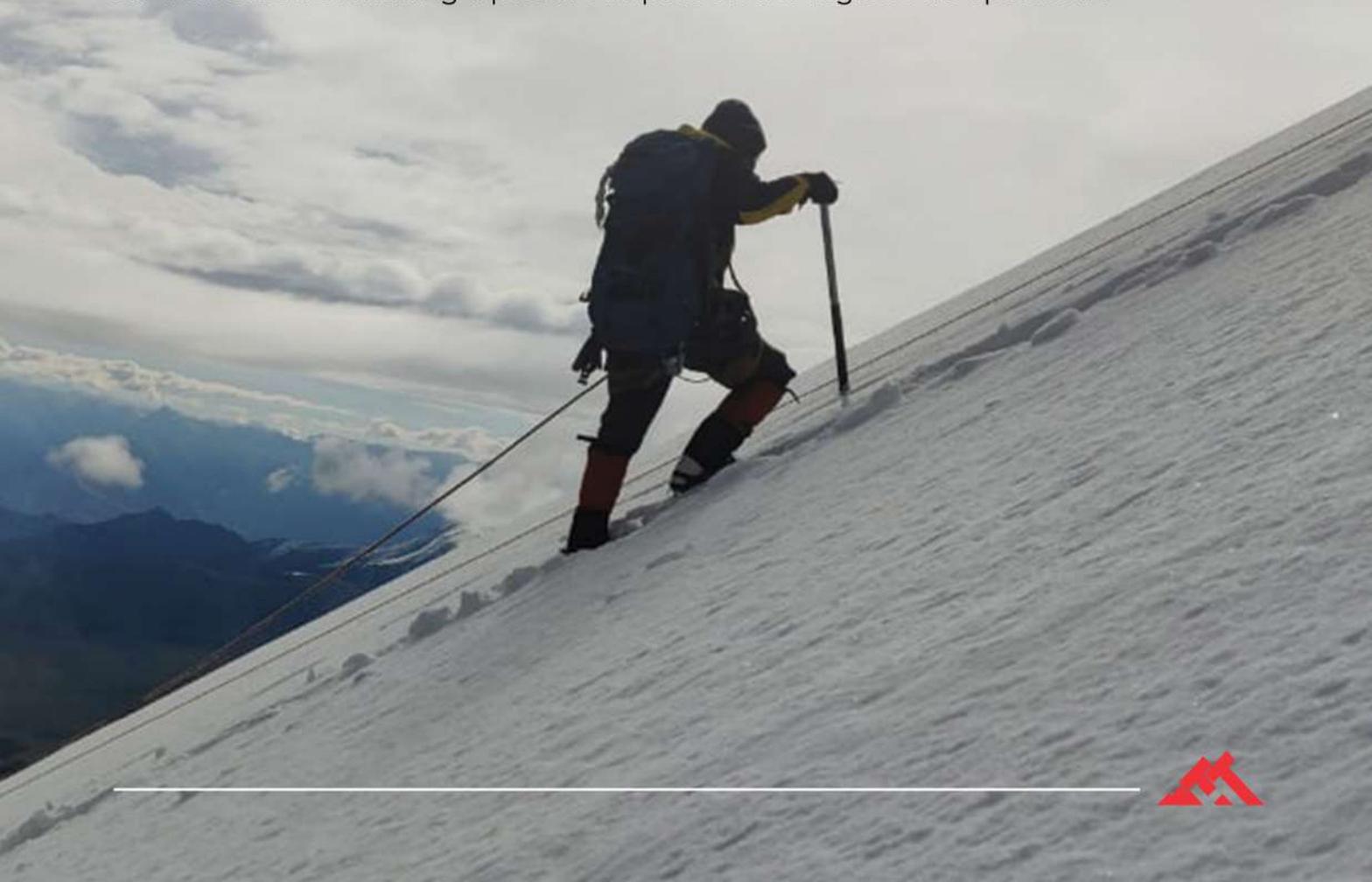
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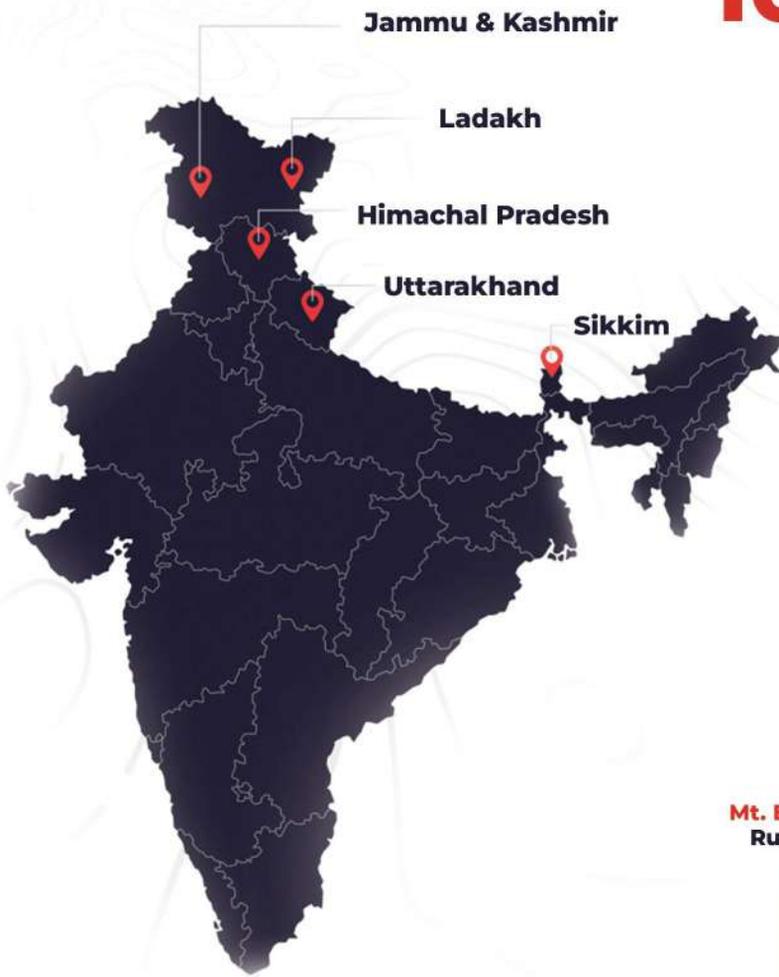
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100+ Treks & Adventure Activities



Meet The **Founders**



Rakesh Pant
Founder & CEO

Rakesh Pant is a passionate mountaineer and his love for the Himalayas began with mountaineering, and he has completed prominent mountaineering courses from NIM. He has been part of numerous expeditions organized by IMF and has successfully scaled several peaks, including Kamet, Nun, Satopanth, Changbang, Panwali Dwar, Bhagirathi 2, Mt. Plateau, Mt. Elbrus, and trekking peaks like Stok Kangri, Shiti Dhar, Friendship, and Balju ri.

Since the foundation of his company, He has strived to promote hikes and create job opportunities for locals. He has been reinventing traditional trekking standards and introducing new ones. Along with his friend and partner Sandeep, he also organizes social welfare camps.



Sandeep Rawat
Founder & CEO

Sandeep has an undying love for the mountains. His passion for adventure began with sports climbing, which eventually led him to trekking and mountaineering. After completing his education, Sandeep knew he wanted to pursue a career in the adventure field. He has been part of several mountaineering expeditions, including the challenging Mt. Plateau, Changbang, and Panwali Dwar, Mt. Elbrus, Stok Kangri, Shiti Dhar, Friendship, and Kang Yatse 2.

He began his journey by conducting outdoor leadership learning camps and eventually became a trainer for rock climbing for NSG commandos. He then decided to start his own company, with a mission to provide employment opportunities to those who share his passion for the mountains.





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